Natural Resources Conservation Academy 2018-2019 CTP participants Allie Gennings, Matthew Franks, Howard Li and Oliver Zhao created a one-hour Trails Experience Activity Plan at the South Kent School in Kent, CT. An overview of their project is below.

**Trails Experience Activity Plan**

**Start Point:** School courtyard; walk to gym trail entrance  
**Route:** Start on light green trail behind shed to light purple trail. Continue to Forest Health and Invasive Species site with presentation. Then take pink trail for presentations/activities on Environmental Need of Forest, Climate Change and Forest Bathing. End on red trail behind arena.  
**End Point:** Arena; take bus back to Courtyard

**Four Points of Education and Experience Along the Trail:**

1. Overall Trail Project History and Importance (Allie)  
2. Environmental Need of Forest and Climate Change presentation and activity (Oliver)  
3. Forest Bathing presentation and activity (Howard)  
4. Forest Health and Invasive Species presentation and hands-on removal activity (Matt)