A Day in the Life of a Meadow
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Meadow Observations with a Focus on Pollinator Diversity

- Observed & identified types of insects and flowering plants that live in the meadow
- Surveyed over 3-month period in summer
- Used sweep nets & insect traps

Beautiful insects, especially pollinators like bees & butterflies, need our help to thrive
Native flowering plants like the ones at Fresh Meadows are an important resource to many different pollinators
Planting more of these types of plants provides food to these valuable insects
Let plants grow into the fall as many pollinators are active through September

Fresh Meadows Wildlife Sanctuary, Cheshire, CT
Homemade insect traps at Fresh Meadows
Meadow Observations with a Focus on Pollinator Diversity

Pollinator Flowers:
A. Flat Top Goldenrod
B. Orange Butterfly Weed
C. Ironweed
D. Black Eyed Susan
E. Joe Pye Weed
F. Mountain Mint

Assassin Bug
Sweat Bee
Carpenter Bee
Mud Dauber Wasp
Praying Mantis
Buckeye Butterfly
Monarch Butterfly

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